

GIVING HOPE TO PEOPLE IN NEED

Community care • Elderly support

- A central part of Care Foundation Trust's work is simply to be present with people during difficult moments. Many individuals and families face situations where they need not only material assistance but also someone who will listen, encourage and stand beside them.
- Through our community programmes, home visits, healthcare interventions, educational support and social activities, we have tried to bring hope, encouragement and a sense of belonging to people experiencing hardship.
- We believe that even a small act of kindness can make a meaningful difference in someone's life.
- Our Elderly Care Programme is carried out with a spirit of compassion and respect for the dignity of older persons, both on the streets and in the Old Age Home at Kumarganj. For elderly people living on the streets, we extend support whenever possible by providing meals, snacks, and basic assistance. Our visits also give them an opportunity to experience companionship, care, and a sense that they are not forgotten.
- Through these efforts, we strive to bring hope, dignity, comfort, and companionship to elderly persons, especially those who are lonely, abandoned, or without adequate family support.



INTERNATIONAL WOMEN'S DAY

Celebration Report

- International Women's Day was celebrated with great enthusiasm and joy, with around 60–70 members participating in the programme.
- The celebration focused on the dignity, responsibilities, and important role of women in building happy families and a better society.
- The resource person, Sr. Celine, SdP, shared an inspiring talk on “Happy Family Life”, highlighting the importance of love, understanding, mutual respect, and communication within the family.
- She also emphasized the vital role of parents in the growth, education, values, and future of children, encouraging families to create a safe and nurturing environment for their children.
- The programme also highlighted the importance of nurturing and caring for nature, reminding everyone that protecting the environment is a shared responsibility and essential for future generations.



INTERNATIONAL WOMEN'S DAY

Reflection, awareness, fellowship and empowerment

- The celebration was a meaningful occasion of reflection, awareness, fellowship, and empowerment, leaving the participants with renewed hope and commitment towards strengthening families, nurturing children, empowering women, and caring for our common home.
- The resource person, Sr. Celine, SdP, shared an inspiring talk on “Happy Family Life”, highlighting the importance of love, understanding, mutual respect, and communication within the family.
- She also emphasized the vital role of parents in the growth, education, values, and future of children, encouraging families to create a safe and nurturing environment for their children.
- The programme also highlighted the importance of nurturing and caring for nature, reminding everyone that protecting the environment is a shared responsibility and essential for future generations.



GRANDPARENTS' DAY

26 July 2026 • A celebration of love, respect and gratitude

- Grandparents' Day was celebrated with great joy and enthusiasm on 26 July 2026. A good number of grandparents were present for the celebration, making the occasion truly special and memorable.
- The grandparents were warmly welcomed with lighted candles and flowers as a gesture of love, respect, and gratitude.
- A Holy Mass was celebrated for their intentions, seeking God's blessings, good health, peace, and happiness for all the grandparents.
- We conducted a one-day seminar for our school teachers on the Pedagogy of St. Luigi. The seminar aimed to equip our teachers with the necessary knowledge, skills, and practical insights to provide better and more effective education to children.
- Through the seminar, teachers were encouraged to understand the principles of St. Luigi's educational approach and explore how these principles can be applied in their daily teaching practices.



COMMUNITY SOCIAL WORK AND VILLAGE VISITS

Listening, understanding and responding at grassroots level

- Community outreach remained one of the important areas of our work during the year. Regular village and community visits helped us understand the needs and difficulties faced by families, elderly persons, women and children.
- Through these visits, the Trust provided support, guidance, awareness and encouragement to people facing social and economic difficulties.
- These interactions also helped us build stronger relationships with local communities and identify people who required further assistance.



VISIT TO THE SICK AND SUFFERING IN THE GOVT. HOSPITAL

Healthcare as a part of a dignified life

- Healthcare continued to be a major area of service. The Trust supported healthcare activities through dispensaries, Primary Health Centres and community-based health initiatives.
- The programmes included basic healthcare assistance, health awareness, preventive healthcare education, referrals and support for people who found it difficult to access medical services.
- Special attention was given to poor and vulnerable patients who required care and guidance.
- Our healthcare work is guided by the conviction that access to basic healthcare is an essential part of a dignified life.



MATERNAL HEALTHCARE AND SAFE DELIVERY SUPPORT

Timely assistance, referrals and coordination

- One of the significant areas of our healthcare intervention has been support for pregnant women and mothers, particularly in difficult and critical situations.
- Through timely assistance, referrals and coordination with healthcare services, support was provided to women facing complications during pregnancy and childbirth.
- In critical cases, efforts were made to ensure that mothers received appropriate medical attention without delay.
- These experiences have strengthened our commitment to promoting safe motherhood, timely medical care and awareness among women and families.



EDUCATION – TUITION CENTRES, SCHOOLS AND HOSTELS

Supporting learning, confidence, values and social responsibility

- Education remained a key component of our community development work. The Trust supported children through tuition centres, school programmes and hostel-based activities.
- The tuition centres provided children with additional educational support, particularly those who required assistance with their studies.
- School and hostel programmes also focused on discipline, values, confidence, personal development and social responsibility.
- Our objective is not simply to help children complete their education, but to encourage them to dream, learn, develop their talent and build a better future.



TAILORING CENTRES AND WOMEN'S EMPOWERMENT

Skills, confidence, dignity and self-reliance

- The Trust continued to promote women's empowerment and livelihood development through tailoring and skill-building initiatives.
- The tailoring centres provide women and girls with opportunities to learn practical skills that can contribute to their economic independence.
- Skill development can strengthen self-confidence and create possibilities for women to contribute to their families and communities.
- These initiatives are an important part of our vision of helping women move from dependency towards confidence, dignity, self-reliance and empowerment.



SOCIAL AWARENESS AND COMMUNITY ACTIVITIES

Creating opportunities to come together and strengthen relationships

- Various social activities, awareness programmes and community gatherings were organised throughout the year. These activities, including tailoring and candle making, created opportunities for people to come together, share experiences and strengthen relationships.
- Programmes were also used to promote awareness about health, education, women's rights, child protection, elderly care, social responsibility and other issues affecting community well-being.
- The activities of 2025–2026 reflect the Trust's continuing commitment to serve with compassion and respond to the needs of people at the grassroots level.
- Our work would not have been possible without the cooperation and dedication of our staff, volunteers, healthcare workers, teachers, community members, institutional partners, supporters and well-wishers.



MEDICAL CAMPS

Eye and physical health check-up

- Care Foundation Trust organized a medical camp offering eye examinations and general physical health check-ups for people from the surrounding villages.
- The camp was a meaningful outreach initiative to bring basic healthcare closer to those who often face difficulties in accessing medical services.
- People came from far and wide to avail themselves of the services. The medical team patiently examined the participants, provided health advice, and guided those requiring further treatment and care.
- The camp was marked by a spirit of compassion, care and service. The grateful response of the people encouraged Care Foundation Trust to continue its efforts to reach vulnerable communities and promote better health and dignity for all.



THANKS

Care Foundation Trust remains committed to bringing healthcare and hope to those most in need.

- The work of the year reflects a continuing commitment to service, compassion and community care.
- Foundation Trust remains committed to bringing healthcare and hope to those most in need.



MESSAGE FROM DIRECTOR

Care Foundation Trust Annual Report 2025–2026

- *“To care is to serve, to empower is to transform, and to give hope is to change a life.”*
- It gives me immense joy and gratitude to present the Annual Report of Care Foundation Trust for the year 2025–2026. The past year has been a meaningful journey of service, compassion and community engagement, as we continued our commitment to reaching out to people in need and promoting dignity, care and hope.
- During the year, Care Foundation Trust carried out various programmes in the areas of community development, women’s empowerment, healthcare, education and social well-being.
- Our initiatives were implemented in collaboration with local communities, schools, tuition centres, Primary Health Centres (PHCs) and other community-based institutions, enabling us to respond to the needs of children, women, families, elderly persons and vulnerable members of society.



MESSAGE FROM DIRECTOR

Looking back with gratitude • Moving forward with hope

- Our healthcare initiatives continued through activities in PHCs and local communities, with a focus on health awareness, preventive healthcare, basic medical support and assistance to those in need.
- Through tuition centres and school programmes, we supported children in their education and personal development, while also fostering values, confidence, social responsibility and positive relationships.
- Our social and community activities created opportunities for people to come together, share their experiences and strengthen a spirit of solidarity and care.
- These efforts were made possible through the dedicated service of our staff, volunteers, community partners, supporters and well-wishers.
- As we look back with gratitude on the year 2025–2026, I sincerely thank everyone who has contributed to the mission of Care Foundation Trust. Your support, cooperation and trust have enabled us to serve with greater compassion and commitment.
- As we enter another year, may we move forward with renewed hope, faith and determination, continuing to care, empower and serve, and reaching out to more people with love and dignity.
- With gratitude and best wishes,
Sr. Lissy Kanagal
President & Provincial Superior
Care Foundation Trust

